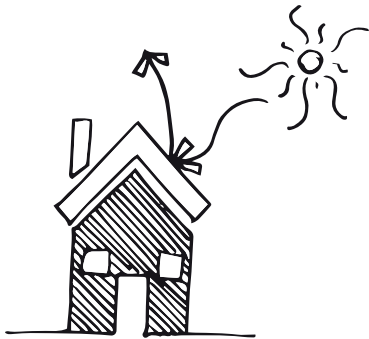


Summer Cooling

Summers are getting hotter, and it can be very challenging to stay healthy and comfortable without running up extremely high air conditioning bills.

Following these simple steps will help you keep your cool this summer:



1 Keep the house closed when it is cooler inside than outside

2 Keep the heat out by using shades, blinds and drapes

3 Replace high wattage light bulbs with cooler LEDs

4 Weatherize and insulate your house for year-round savings

5 Reflect the heat off your roof with a cool roof coating

6 Shade your home with trees, porches and awnings

7 Wear light clothing

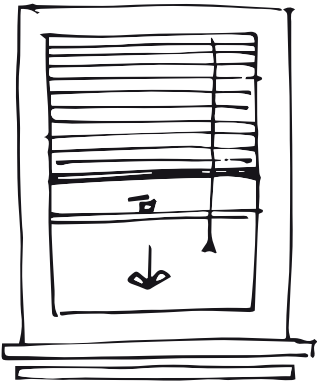
8 Take cool showers or baths

9 Stay in the coolest part of the house, usually on the lowest floor

10 Drink lots of water, instead of soda and coffee

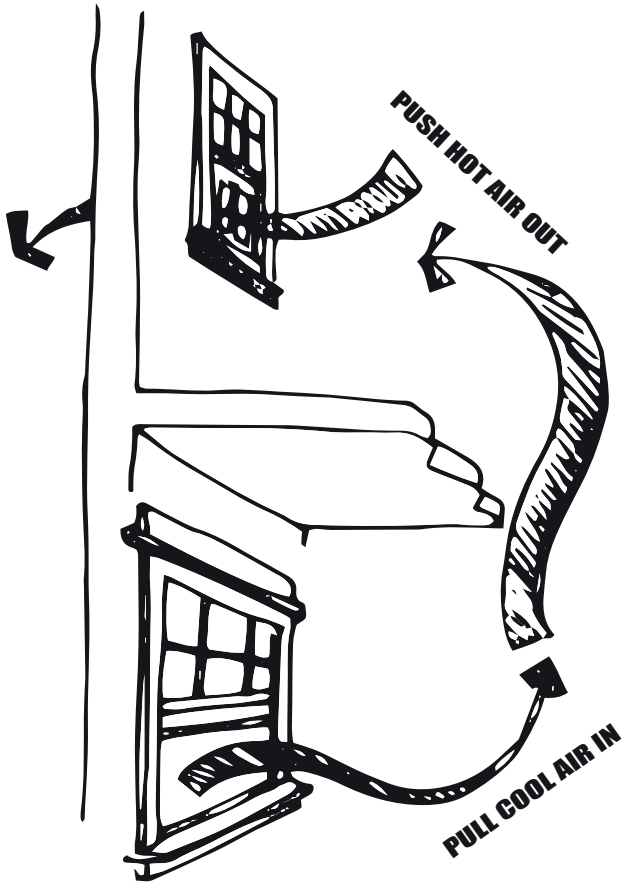
11 Recognize the signs of heat exhaustion

12 Stay in the shade



Control Air Movement

An air tight and properly insulated house will stay much cooler in summer and warmer in winter, and give you year round savings.



Use fans instead of air conditioners as much as possible.

Fans cost only a fraction of the cost of air conditioning each month.

If you use air conditioners, remember to clean the filters

Try to use the air conditioning on the shady side of the house. Air conditioning runs more efficiently in cooler temperatures.

Warm air rises.

Use fans to pull cooler air in from the lower levels or cooler side of the house and exhaust hot air out from the upper floor or rear of house.

Keep your house closed up.

During the day when you are away from home or whenever it's hotter outside than inside, keep the doors and windows closed to prevent unnecessary heat from entering your home.

Store your room air conditioners.

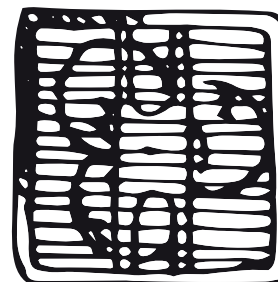
Remember to remove your air conditioner and put in dry storage. If you leave your room air conditioner in place, make sure to cover it tightly and keep it out of the cold to prevent damage to the unit.

AIR CONDITIONERS

Cost ~\$100 a month to use



VS.



FANS

Cost ~\$6 a month to use

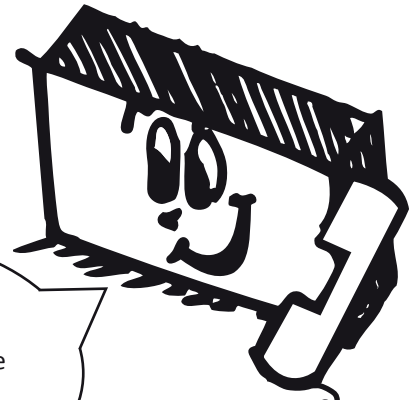
Control Thermostat Settings

What do you get when you cross a Clock with a Thermostat?

BIG SAVINGS!!!

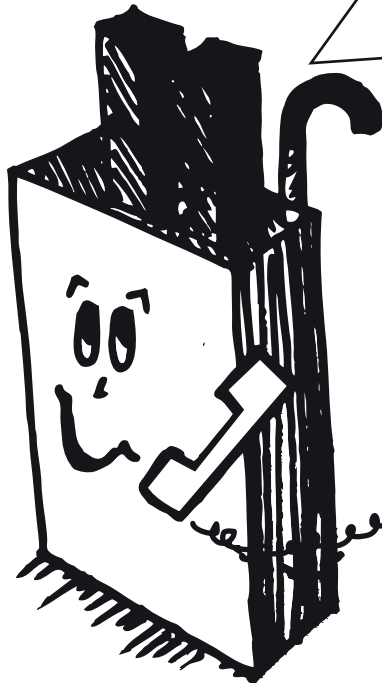
A clock thermostat is one of the best ways to save energy and money.

Set your clock thermostat and it will tell your central air conditioner and heater when to come on 24 hours a day, all year long. **This means that you can save energy and money while you sleep**, and wake up to a comfortable house in the morning. You can also save energy while at work. **The clock does all the work for you!**



Hey Air Conditioner:
Everyone has gone
To sleep. I'm raising the
temperature
To the night-time setting.

Thanks! Now I'll
get a little rest too!



In summer, try daytime AC setting of 78° and night-time of 83°.

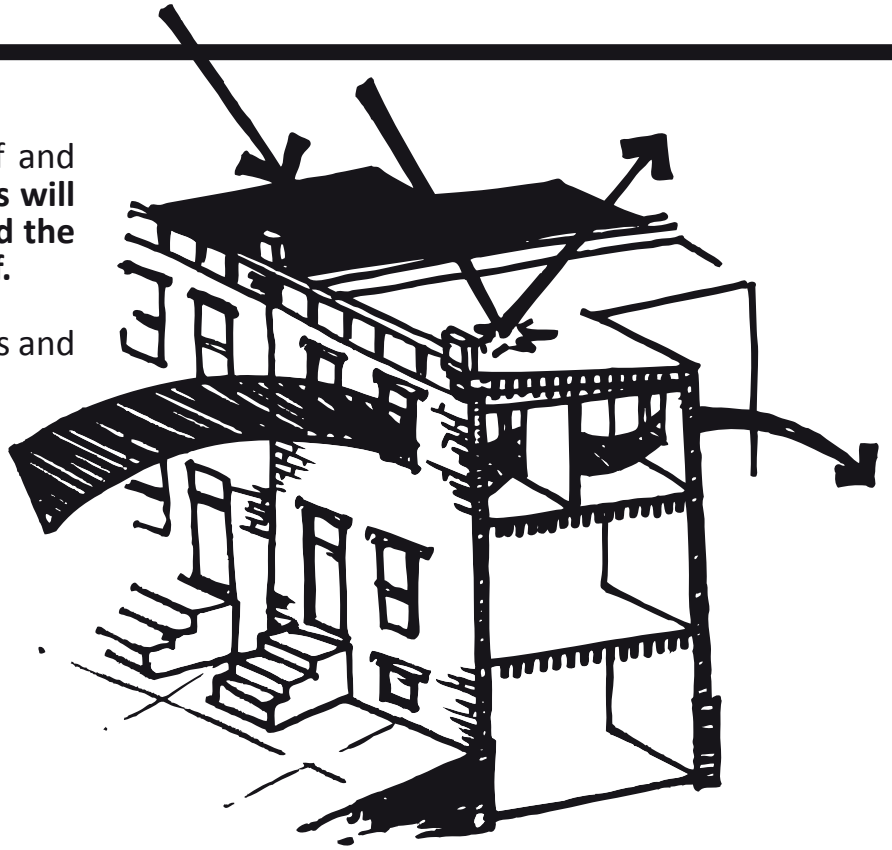
For every degree you turn your thermostat up in the summer, or down in winter, you can save more than

\$100!

White Roof Coatings

Reflect the sun's heat right off the roof and cool down faster at night too. **Cool roofs will reduce air conditioning load by 20% and the coatings will extend the life of your roof.**

Trees shade and cool your home. Porches and awnings can help too



Lighting



Use LEDs whenever possible. You can now buy LEDs that fit into regular fixtures and they are able to last ten times as long and use only 1/10th as much energy.

Use LEDs where you leave lights on the longest. Hallways, porches, the basement and kitchen are some of the best examples.

Don't forget to turn your appliances off when you're not using them. This includes the TV and radio as well as the lights.

Electricity conservation is only part of energy conservation. Save even more money by understanding all the other ways to conserve. Contact your local Community Energy Center: