

Clean Air Plant Guide



BOSTON FERN



CHINESE EVER GREEN



SPIDER PLANT



PEACE LILY



SNAKE PLANT



ALOE VERA



MONEY TREE



RUBBER PLANT

Plants and Air Quality

Indoor plants have the ability to remove harmful pollutants from the air. Some examples include:

- **Benzene** (found in some plastics, fabrics, pesticides, and cigarette smoke)
- **Formaldehyde** (released from building materials and furniture, found in some cosmetics, dish detergent, fabric softener, and carpet cleaner)

Indoor plants remove pollutants from the air by absorbing these gases through their leaves and roots. The microorganisms that live in the soil of potted plants also play an important role in neutralizing pollutants.

>> Find this and more information at <https://www.livescience.com/38445-indoor-plants-clean-air.html>

Growing Your Plant from a Plant Cutting

- Stick your cutting in a clean glass. Pour enough room temperature water to cover the nodes of the cutting.
- Switch out your water every 3-5 days with fresh room temperature water.
- Wait and watch as your roots grow! This can take weeks to months depending on the plant.
- Once your roots reach approximately 5" then it's time to put the cutting in soil.
- It's best to put the cuttings that are rooting in a window with bright indirect sunlight.

>> Find this and more information at <https://cleverbloom.com/ROOT-PLANT-CUTTINGS-WATER/>